

Health Equity Plan

1. HCAI All-cause Unplanned 30-day hospital readmission Rate in the Inpatient Psychiatric Facility: Race and/or Ethnicity

HCAI All-Cause Unplanned 30-day Hospital Readmission Rate, Stratified by Behavioral health Diagnosis: Race and/or Ethnicity

2. Hispanic or Latino

White

3. Hispanic or Latino

Sacramento Behavioral Healthcare Hospital will ensure:

Actions:

- Monitor HCAI All-Cause Unplanned 30-Day Readmission Rates for psychiatric inpatients.
- Stratify readmission data by behavioral health diagnosis (e.g., schizophrenia, bipolar disorder, depression).
- Continue to train staff in trauma-informed care and culturally competent care.

Target Group:

- Patients with serious mental illness (SMI) such as schizophrenia and bipolar disorder.
- Underserved populations (low-income, racial/ethnic minorities).
- High-utilizers of inpatient services with frequent readmissions.

Measurable objectives & Timeframes

- Reduce 30-day readmissions by 2%, monitoring for 12 months
- Audit 80% of discharged patients to ensure they received a follow-up appointment and or referral before discharge, monitoring for 9 months.
- Stratify readmission data by behavioral health diagnosis and report quarterly to QAPI.

Performance_Priority_Person_Center

- Each patient receives a master care plan tailored to both their mental and medical needs
- Care integrates psychiatric treatment with physical health management to support overall well-being.

- Services are delivered with compassion, respect, and a commitment to patient dignity.
- Patients are encouraged to take an active role in their care decisions during their stay.
- Staff foster trust, empowerment, and collaboration to promote recovery and long-term health outcomes.

Performance_Priority_Patient_Safety

- Patient units and overall hospital design are structured to reduce risks of self-harm and assaults.
- Annual safety audits with 100% compliance on ligature-resistant standards.
- Continuous monitoring for suicide risk, aggression, assault, or medical complications.
- Annual competency training for all staff; orientation for new employees (NEO) on patient safety and trauma-informed care.
- Ensure hospital policies are consistently applied across all units to avoid gaps compromising patient well-being.

Performance_Priority_SDOH

- Routine screening for housing, food insecurity, transportation, and employment needs.

Performance_Priority_Treatment

- Patient admitted receive a documented psychiatric evaluation within 24 hours of admission and additional assessments to develop individualized treatment plan
- Patient patients receive care aligned with clinical guidelines
- Patients have a master care plan addressing mental and medical needs.

Performance_Priority_Care_Coordinate

- Patients discharged with a documented follow-up plan
- Weekly care coordination meetings including psychiatry, nursing, social work, and case management
- Patient records shared with primary care or community providers

Performance_Priority_Care_Access

- Patients receive psychiatric evaluation within 24 hours of admission.
- Providing transportation to patient discharging from hospital